

# SAENCHAI MUAYTHAI GYM

Nakano Gym 1-6-1 Arai, Nakano City, Tokyo  
 Kinshicho Gym 4-22-9 Kotobashi, Sumida City, Tokyo  
 Kamata Gym 2-6-9 Kamatahoncho, Ota City, Tokyo

**We will teach you real muay thai!**  
**"From professional aspirations to health-conscious"**  
**Have fun with our Muaythai exercise!**

The master of Muaythai Saenchai Thongkraisaen,  
 his record is 89 wins, 24 losses and 23 minutes in 136 matches; 4th at Lumpinee Stadium; 2nd in Rajadamnern, no defeated by KO,  
 will teach you with professional trainers.

★ **One-on-one direct instruction from basics to advanced techniques**

## Price

	Regular Member		Twice a week		Once a week	
	Entry Fee	Monthly Fee	Entry Fee	Monthly Fee	Entry Fee	Monthly Fee
Male	JPY 11,000	JPY 13,200	JPY 11,000	JPY 9,900	JPY 11,000	JPY 6,600
Female	JPY 11,000	JPY 9,900	JPY 11,000	JPY 8,800	JPY 11,000	JPY 6,600
H.S.	JPY 11,000	JPY 9,900	JPY 11,000	JPY 7,700	JPY 11,000	JPY 6,600
J.H.S	JPY 11,000	JPY 7,700	JPY 11,000	JPY 7,700	JPY 11,000	JPY 6,600
E.S.	JPY 11,000	JPY 7,700	JPY 11,000	JPY 7,700	JPY 11,000	JPY 6,600

\*Visitor member pay the entry fee and pay each time you visit.

## Reguler Schedule **\*Closed on Mondays.**

	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
12:00							
13:00							
14:00		Muaythai	Muaythai	Muaythai	Muaythai	Muaythai Training	Muaythai Training
15:00						1530-1630	
16:00		Training	Training	Training	Training	Self-train	
17:00		1730-1830	1730-1830	1730-1830	1730-1830	Muaythai Training	
18:00		Self-train	Self-train	Self-train	Self-train		
19:00		Muaythai	Muaythai	Muaythai	Muaythai		
20:00							
21:00		Training	Training	Training	Training		
22:00							

## What you need to join:

1. Entry fee      2. Monthly fee for two month
3. Sports insurance: JPY1,850/year
4. Bank account number, the registered seal (after 3 months, automatic withdrawal from the bank account)
5. Two ID photos      \*We may take your photo if you don't bring them.

※ **we will not refund the entry fee, monthly fee, etc. that you have paid by any reason.**

HP: <https://saenchaijapan.com>

Tel&Fax: 03-6240-2812